

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Herdt An

Coaches: De Weerdt Koen

Coaches: De Belder Nathalie

Coaches: Jacob Sven

Coaches: Gijsemans Liesbet

Coaches: Wijsgeer Jan HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 67: 100M MEDLEY MEN 13-14					Heat:2, starttime: 14:56
Heat: 2/5 Lane : 4 Athlete: MARIN ALEXANDRU					Q-time: 01:15:06
PB (25m pool): 01:15.06 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.57		01:15.06	
	00:34.57		00:40.49		
					

Coach feedback:

Event number: 67: 100M MEDLEY MEN 13-14					Heat:3, starttime: 14:58
Heat: 3/5 Lane : 1 Athlete: DE WEERDT BENT					Q-time: 01:13:78
PB (25m pool): 01:13.78 Hoogstraten 27/09/2026 PB (50m pool): no time SB: 01:13.78 Hoogstraten 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.78	
	no time				
					

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16					Heat:1, starttime: 15:12
Heat: 1/5 Lane : 3 Athlete: JACOB QINGKUN					Q-time: 00:29:97
PB (25m pool): 00:29.97 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:31.69 SB: 00:30.20 Mol 04/10/2026					
	2 5 M	5 0 M			
PB		00:29.97			
	00:29.97				
					

Coach feedback:

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Event number: 70: 50M BUTTERFLY WOMEN 15-16				Heat:2, starttime: 15:18
Heat: 2/5 Lane : 2 Athlete: VAN REETH LIEZE				Q-time: 00:31:74
PB (25m pool): 00:33.13 Hoogstraten 27/09/2026				PB (50m pool): 00:31.74 SB: 00:33.13 Hoogstraten 27/09/2026
	2 5 M	5 0 M		
PB		00:33.13		
	00:33.13			
				

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:1, starttime: 15:23
Heat: 1/4 Lane : 4 Athlete: MARIN ALEXANDRU					Q-time: 01:15:11
PB (25m pool): 01:18.97 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:15.11 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.46		01:18.97	
	00:36.46		00:42.51		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:1, starttime: 15:40
Heat: 1/8 Lane : 2 Athlete: MERTENS GERBEN					Q-time: 01:00:65
PB (25m pool): 01:00.97 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:00.65 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.47		01:00.97	
	00:29.47		00:31.50		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:1, starttime: 15:40
Heat: 1/8 Lane : 4 Athlete: JACOB QINGKUN					Q-time: 00:59:01
PB (25m pool): 00:59.01 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:00.83 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.98		00:59.01	
	00:27.98		00:31.03		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:2, starttime: 15:41
Heat: 2/8 Lane : 2 Athlete: WIJSGEER VIKTOR				Q-time: 00:58:67	
PB (25m pool): 00:58.67 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:59.87 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.09		00:58.67	
	00:28.09		00:30.58		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16							Heat:3, starttime: 15:55			
Heat: 3/7 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE							Q-time: 01:02:62			
PB (25m pool): 01:02.62 Antwerpen 12/10/2025							PB (50m pool): 01:02.68 SB: 01:03.15 Mol 04/10/2026			
	2 5 M		5 0 M		7 5 M		1 0 0 M			
PB			00:30.29				01:02.62			
	00:30.29				00:32.33					
										

Coach feedback: